

Invisible Realities: Understanding the Lived Experiences of Women with Disabilities in Rural Nepal

Issue:

WWDs are at a major risk of experiencing violence, compounded by weak access to justice mechanisms in Nepal.

Recommendations:

- Improve knowledge & understanding of VAWG against WWD.
- Challenge social norms that perpetuate violence.
- Ensure meaningful participation and inclusion of WWD.
- Strengthen and implement legislation
- Improve disability friendly infrastructure.
- Improve access to justice for WWD.



**Nepal Disabled Women
Association (NDWA)**

Methodology:

Quantitative survey with 145 WWDs, 13 key informants interviewed, and a stratified purposeful sampling method used in the research.

Findings:

- Among 145 WWDs:
- 45 women experienced violence.
 - 73% of women who experienced VAWG said their disability was one of the main causes of violence against them.
 - 73% did not report their abuse.

Read the full report here: <https://www.womankind.org.uk/policy-and-campaigns/resources/invisible-realities>